

## ABOUT DR. SVETLANA MASGUTOVA'S WORK



*Lily's Story.* Our daughter, Lily, was born at 27 week and weighted 1 lb-9 oz. She had over 20 diagnoses (Respiratory distress, PDA, sepsis, pneumonia, IVH, ROP, hernia, gastro esophageal reflux to name a few). Even at the age 16 months, when I touched her, she would jolt as if an electric current was running thru her. She was assessed as being severely delayed. The only speech she had was one short "ahh" sound. She was capable only of minimal movement. Dr. Svetlana Masgutova came to work with her over a two-day period. The next day Lily laughed for the first time in her life. Eight months later, she is now two years old and can walk, run and jump and has a 500-word vocabulary that she uses while she "reads" books. The knowledge Svetlana brought to me is priceless. We will never be able to thank her enough. Our family has had the good fortune of spending many hours with Svetlana on a path to healing our daughter. This joining together was not a coincidence, but a blessing and a challenge. The challenge being that since our daughter has responded so well to Svetlana's work, that we need to begin to get the message out across the world that there is hope for children and people of all ages who need the benefit of her hands and her knowledge. I am dedicating much of my life and my daughter's life to talking to everyone I come in contact with about this pioneer in healing. I call her a pioneer and a healer. She is so gifted in what she does - a light into this world. There is no one else like Svetlana and the group of people that surround her. I can't say that our daughter is at 100%, but when I think about where she has come from, she is a miracle. Everyone says it, and of course, I think so too. The miracle however, is the knowledge and the ability that God has given to Svetlana. ----- **Diane Colonnese, Lily's mother, AR**

While experiencing the balances presented, both my clients and I are pleasantly surprised to discover situations from our past that affect our current functioning. The identified situation (usually a trauma) seems less important. What a gift to be able to identify and recover from past traumatic events that have shaped our lives in ways that are not helpful. I can hardly wait to continue on to the next levels of the Reflex Courses. ----- **Joni P, Certified Therapeutic Recreation Specialist, CO**

I have worked with several people who have had strokes and have found very remarkable and rapid improvement in mobility and communication skills using Dr. Masgutova's methods. ----- **Pamela Curlee, Neurokinesiology Therapist and Instructor, CO**

I took Svetlana's class in July 2005, in Columbus, OH. She and Peter treated both my boys, Michael (9) and Nathan (3). Michael's back seemed straighter right away. Nathan began to notice his legs and began grabbing at his feet, which he had not done before. Michael is very severe. He does not sit, roll, or use his hands. He has no speech and is very tight. Nathan does not sit, but can roll and get on his knees. His balance is non-existent. He is blind. He babbles. Svetlana gave us a home program and requirement to do it 3 times per week. The program takes about an hour. I liked that Svetlana made no requirement to do only her therapy. Her exercises fit in perfectly with the other techniques I've studied. They do not require fancy equipment or highly trained help. ----- **Janet Roelle, parent of 2 boys with Cerebral Palsy, MI**

My name is Bonnie Brandes from Crystal River, FL where I work with children with many different challenges. I have taught Special Education in middle and high school in California, as a reading specialist, Spec Ed Department Chair, and have a MA Ed. I have used Brain Gym for over 10 years and have become a consultant. I now work with children (and adults) one on one in my learning center. I am in Svetlana's program and I am having very positive results incorporating her techniques. I am also a parent of a child with learning disabilities. The past 15 years have been a journey to find answers and solutions for my son and my students. I have seen amazing things happen, first with my students with dyslexia, and now with more severe handicaps, as dyspraxia. Not just changes in reading, but behavior, better handwriting, improved speech, and the list goes on. ----- **Bonnie Brandes, parent and educational consultant, FL**

Svetlana hands worked as magic with my son. Athish can never keep his body down while lying down on a floor or a table and when Svetlana worked with him, she calmed his system and he became so relaxed. As a parent, her workshops were an eye opener for me. Learning to integrate some of his missing reflexes helped in his posture, concentration, reducing fear, and understanding. I would highly recommend her workshop or conference for any parent who has a child with neurological problems. ----- **Meena Kalyanasundaram, mother of Athish, Fremont, CA, 8 year old boy, cerebral palsy and developmentally delayed**

From my own personal experience with Svetlana, as a mother of eight children, I have found the results with all of my kids to be positive. My 17 year old is more confident and Aidan, my 4 year old, who has spina bifida has had good results. As a speech language therapist, I have found Svetlana's work has helped my clients who have autism. The reflex work seems to help them organize their movements for breathing, chewing and swallowing, focusing and speaking. One of my clients said "it was like peeling the layers of an onion". He also said "it puts all of my selves together". Svetlana's work has helped me understand core therapeutic issues and has deepened my understanding of speech physiology. Her methods are so powerful and complement other techniques so well! I am amazed at the synergies with her work that make all my efforts with my clients that much more productive. Svetlana's methods have helped me to identify where the problem really is and has helped my clients achieve lasting results. ----- **Andrea Hursthopf, Santa Clara, CA, Speech Language Pathologist and mother of eight**

As a parent of a young son with cerebral palsy, I have searched for some time knowing that reflexes were critical to my son's rehabilitation and continued development. He had developmental delays since birth and I struggled to continue achieving progress using conventional therapies. I researched many methods and found Svetlana's methods to be quite effective without taking too much time in our day. I was so impressed and excited about her work after taking her course and saw the dramatic improvements in our son that I wanted to let other parents know about Svetlana's methods so that they don't have to struggle not knowing what to do or where to turn. We have seen both physical and behavioral improvements in our son in a short amount of time. I strongly recommend Svetlana's courses and sessions for anyone who has a child with special needs. ----- **Valerie Freitas, Dublin, CA, mother to Alex, 6 yr. old with cerebral palsy**

Using Svetlana's tactile techniques, I have seen children who previously refused to be touched, open up to me and ask for hugs and attention!" ---- **Diane Whiteside, San Ramon, CA, Physical Therapist**

Svetlana's programs are a unique approach to reflex integration. This approach has benefited many of the clients I work with who have varying disabilities. I'd highly recommend her courses and programs to my colleagues and clients alike! -- **Rachel Shimer, Oakland, CA, Occupational Therapist**

During the past four years I have attended several courses in primitive reflexes and life long reflexes taught by a Russian specialist, Svetlana Masgutova. She teaches a method of kinesiological integration of primitive reflexes that has proved to be much more efficient than Peter Blythe's method and has become a very valuable addition to the rhythmic movement training especially for adult patients and older children. I have integrated her method in my work and also use it in my teaching about primitive reflexes. ---- **Harald Blomberg, MD and psychiatrist, Sweden**